



**AVALON**

restaurant

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**A REDEFINED TASTE  
OF CASUAL FINE DINING**

**ENJOY OUR CULINARY TREASURE HUNT  
AND DISCOVER THE HIDDEN GEMS**

EXECUTIVE CHEF – HENRIK SEBOK C.M.C.



# BEFORE

✓ <b>FRENCH ONION SOUP</b> 300G	19
TOPPED WITH CROUTON AND GRUYERE CHEESE	
<b>CREAM OF ROASTED PARSLEY ROOT SOUP</b> 300G	19
SERVED W/ CROUTON AND APPLE WOOD SMOKED BACON CRACKLING, POTATO CHIPS	
<b>CLAMS &amp; CORN CHOWDER</b> 300G	19
VELVETY CLAMS & BACON BROTH WITH CUBES OF POTATOES	
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<b>AMERICAN CAESAR SALAD</b> 310G	28
ADD GRILLED CHICKEN BREAST 300/80G	34
ADD LIGHTLY SAUTÉED SHRIMPS 300/60G	39
✓ <b>SPINACH SALAD &amp; SHRIMPS</b> 125/80G	37
BABY SPINACH TOSSED W/ FRIED LEEKS, MISO CRUNCH, GRILLED SHRIMPS AND SPICY YUZU DRESSING	
<b>SMOKED TROUT NICOISE</b> 300/70/40G	37
SMOKED TROUT, GARDEN GREENS, TOMATOES, GREEN BEANS, KALAMATA OLIVES, HARD BOILED EGGS	
✓ <b>GREEK SHEPARD SALAD</b> 250/50/30G	27
SEASONAL GREENS, CHERRY TOMATOES, CUCUMBER, KALAMATA OLIVES, TOPPED WITH FETA CHEESE, OREGANO FLAVORED DRESSING	
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<b>SALMON &amp; AVOCADO CRUDO</b> 100/80/40G	37
SMOKED SALMON & AVOCADO DRESSED W/ ROASTED SESAME OIL & YUZU, TOGARASHI	
<b>FOIE GRAS TORCHON</b> 100/60/50G	48
QUINCE, MARINATED PEARL ONIONS, CORNICHONS, WALNUT & RAISIN BREAD TOAST	
✓ <b>GREEN SHELL MUSSELS</b> 250/50G	46
RADISH & SHALLOT GINGER SALSA ON SHREDDED DAIKON, MICRO CRESS	
<b>MAPLE DUCK TATAKI</b> 120/55G	46
SEARED DUCK BREAST, MAPLE INFUSED SOY SAUCE, PICKLED GINGER AND RADISH, MISO MAYO, MICRO CRESS	
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<b>RESERVE BLACK ANGUS AAA TARTAR</b> 100/60/50G	58
SEASONED TO PERFECTION, SERVED W/ QUAIL EGG, SALSA VERDE & CROSTINI	
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<b>ASIAN DUCK PANCAKE</b> 125/50/40G	37
SERVED WITH JULIENNE CUCUMBER, YOUNG ONION SHOOT AND HOISIN SAUCE	
<b>CALAMARI TEMPURA</b> 150/80G	35
LIGHTLY BATTERED SQUID RINGS FRIED TO PERFECTION, MICRO SALAD CITRUS MISO MAYO	
<b>CRISPY PORK &amp; VEGETABLES ROLLS</b> 130/50G	33
FIVE SPICES ROASTED PULLED PORK SHOULDER WITH ASIAN VEGETABLES ROLLED IN FINE PASTRY DOUGH, FRIED TO CRISP SERVED WITH SWEET PLUM & MISO DIP	

WE WELCOME ENQUIRIES FROM CUSTOMERS WHO WISH TO KNOW WHETHER ANY DISHES CONTAIN PARTICULAR INGREDIENTS. PLEASE INFORM YOUR ORDER-TAKER OF ANY SPECIAL DIETARY REQUIREMENTS THAT WE SHOULD BE MADE AWARE OF WHEN PREPARING YOUR MENU REQUEST. OUR PRODUCTS MAY CONTAIN THE FOLLOWING ALLERGENS: WHEAT, CRUSTACEANS, EGGS, FISH, PEANUTS, SOY, MILK DERIVATIVES, NUTS, PISTACHIOS, CELERY, MUSTARD, SESAME.

PRICES ARE IN LEI AND INCLUDE VAT/SERVICE CHARGE IS NOT INCLUDED

✓ HEALTHY OPTION

# DURING

**BLACK ANGUS FILET MIGNON** 180/150/60G **170**  
TRUFFLE SCENTED FOREST MUSHROOMS RAGOUT, ROSEMARY SCENTED  
PAN FRIED POTATOES

**RESERVE BLACK ANGUS RIB EYE** 200/150/60G **190**  
COGNAC & GREEN PEPPER SAUCE, WHIPPED POTATOES, SEASONAL VEGETABLES

**NEW YORK STRIP LOIN OF AGED BLACK ANGUS** 180/120/60G **89**  
ROASTED GARLIC AND CHIVES FLAVORED WHIPPED POTATOES, SAUTÉED GREEN BEANS

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**#5 WAGYU BEEF BURGER** 150/120/150G **84**  
COOKED TO YOUR TASTE, SEEDED BRIOCHE BUN, CARAMELIZED SHALLOT  
& MUSHROOMS, MISO BBQ & STEAK FRIES

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**NEW ZEALAND LAMB RACK** 230/150/50G **95**  
MISO RATATOUILLE, APRICOT & RAISIN FLAVORED COUSCOUS, MICRO CRESS

**BBQ PORK RIBS** 380/130/100G **65**  
SUCCULENT SEASONED PORK RIBS GLAZED WITH CHEF'S BBQ SAUCE,  
LOADED BAKED POTATOES AND COLESLAW

**SOUS VIDE GRILLED PORK CHOPS** 250/150/60G **57**  
FIRE ROASTED RED PEPPER PESTO, SEASONAL VEGETABLES AND CHEF'S POTATOES

**ROUGIE DUCK BREAST** 200/160/50G **93**  
ANASON & BLOOD ORANGE GLAZE, SMOKE INFUSED SAUTÉED RED CABBAGE,  
TRUFFLE SCENTED CRISPY POTATO MOUSSE CROQUETS, BUTTERED ASPARAGUS

**CHICKEN BREAST MUMBAI STYLE** 160/150/70G **47**  
SIMMERED IN A VELVETY CURRY & COCONUT CREAM SAUCE SERVED OVER  
FINE GRAIN MIXED RICE TOPPED WITH FINE VEGETABLE SHAVINGS & RUCOLA

**CRISPY CHICKEN PARMESAN** 250/125G **47**  
FILLED WITH SPINACH & RICOTTA, SERVED W/ GARDEN SALAD

**TURKEY SUPREME SHIITAKE** 180/150/70G **63**  
LOCAL SHIITAKE MUSHROOMS, SLOW BRAISED TURKEY BREAST SERVED OVER  
FRESH MADE FETTUCCINI AND BUTTERED ASPARAGUS

**TERIYAKI GLAZED SALMON & NORI** 170/150/50G **67**  
GOLDEN FRIED RICE, BUTTERED ASPARAGUS AND FINE GARDEN CRESS

✓ **HOT SMOKED SILVER TROUT FILE** 160/150/70G **43**  
BASTED W/ CALAMANSI & XV OLIVE OIL, TRUFFLE SCENTED POTATO CREAM,  
SEASONAL VEGETABLES

✓ **DEVILED SHRIMPS** 150/150/50G **63**  
GARLIC COMFIT & SRIRACHA ON A BED OF STEAMED NISHIKI RICE &  
GLAZED ASPARAGUS

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**SHIITAKE MUSHROOMS AND MASCARPONE RISOTTO** 350G **37**  
CREAMY ARBORIO RICE AND THE FINEST LOCAL GROWN SHIITAKE MUSHROOMS  
COOKED TO PERFECTION

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# DURING

**SNOW CRAB RISOTTO** 275G 93  
THE PERFECT COMBINATION OF SWEET CRAB MEAT AND THE CREAMINESS OF THE PERFECTLY COOKED RISOTTO

✓ **SPINACH & SAFFRON FETTUCCINI** 200/70/60G 36  
HOME CURED SMOKED SALMON; ROASTED GARLIC INFUSED BUTTER, WHITE WINE REDUCTION SNOW PEAS

✓ **DUO SPAGHETTI GAMBERONI** 300/80/30G 45  
BLACK & TOMATO PASTA FLIPPED WITH OLIVE OIL W/TIGER SHRIMPS & ASPARAGUS, GARLIC & PARSLEY

**CREAMY SPAGHETTI CARBONARA** 275G 33  
SMOKED PANCETTA, BUTTER, CREAM, EGG YOLK, PECORINO ROMANO, GRANA PADANO & PEPPER

✓ **PENNE ALL' ARRABBIATA** 295G 29  
FRAGRANT PEPPERONCINO, TOMATO, ONION, THYME & BASIL SAUCE TOSSED WITH FRESH PASTA



## TRADITIONAL ROMANIAN SPECIALS

✓ **TRIO SALAD FROM GRANDMA'S KITCHEN** 210/80G 29  
EGGPLANTS SALAD, VEGETABLE STEW & ZAKUSKA, SERVED WITH BAGUETTE CROUTONS

✓ **GRILLED GARDEN VEGETABLES** 200/50G 27  
GRILLED VEGETABLES SERVED WITH SOUR CREAM AND GARLIC SAUCE

**VARIETY OF MINI HOT SNACKS** 300G 45  
STUFFED MUSHROOMS, PLESCOI SAUSAGES, CHICKEN LIVER IN BACON, MEAT BALLS, CHEESE CROQUETTES & PORK TENDERLOIN WITH CORN MEAL

**MEAT BALLS SOUR SOUP** 275G 18  
PORK AND BEEF MINCED MEAT BALLS, SERVED WITH HOT PEPPER AND SOUR CREAM

**CHICKEN STEW WITH GARLIC SAUCE** 170/50/80G 43  
POULTRY AND LIGHT ... SAUCE SERVED WITH POLENTA

**AUTHENTIC CABBAGE MEAT ROLLS** 200/80/70G 45  
SERVED WITH POLENTA, BACON, SOUR CREAM AND HOT PEPPER

**IANCU JIANU'S PASTRAMI** 200/80/20G 43  
YOUNG RAM PASTRAMI SERVED WITH POLENTA AND HOT PEPPER

**TRANSILVANIA HILLS PORK TENDERLOIN** 200/100/25G 45  
STUFFED WITH BACON AND GARLIC, SERVED WITH BAKED POTATOES FILLED WITH MUSHROOMS

**BEEF MEDALLIONS** 180/150/30G 88  
BEEF TENDERLOIN IN BACON SERVED WITH GRATIN POTATOES AND BROCCOLI

**CHEF'S DAILY SPECIAL DISH** 350G 52  
ASK THE WAITER FOR DESCRIPTION



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# DESSERT

<b>CHOCOLATE TART</b> 135G	<b>27</b>
COMFIT BLOOD ORANGE FRESH COCONUT & CRISP	
<b>PEAR &amp; CARAMEL MACAROONS</b> 130G	<b>23</b>
SAUTÉED & FLAMBÉED ANJOU PEARS W/ LIGHT CARAMEL CRÈMEUX BETWEEN DECADENT MACAROONS SHELLS	
<b>THE CHEESE CAKE</b> 125G	<b>23</b>
LIQUID STRAWBERRY FILLED W/ FRESH STRAWBERRY TOPPED CREAMY DELIGHT	
<b>BERRY FRUITS OPERA DELIGHT</b> 130G	<b>22</b>
MODERN TWIST ON A TRADITIONAL	
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<b>MOELLEUX CHOCOLAT</b> 130G	<b>27</b>
PASSION FRUIT & VANILLA ICE CREAM	
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<b>DULCE DE LECHE CRÈME BRÛLÉE</b> 130G	<b>23</b>
CRISPY NOUGATINE	
<b>BLUEBERRY PIE</b> 140G	<b>22</b>
SUGAR FREE AND DELICIOUS	
<b>PROFITEROLE</b> 250G	<b>25</b>
VANILLA CREAM FILLED CHOUX, VANILLA ICE CREAM, CHANTILLY CREAM, CHOCOLATE SAUCE	
<b>ENCHANTED SCENTS OF SORBET &amp; ICE-CREAM</b> 160G	<b>24</b>
ASK ABOUT OUR FRESH DAILY SELECTION OF NATURAL FLAVOURS	
<b>CHEESE PLATTER</b> 170G	<b>27</b>
DAILY SELECTION OF INTERNATIONAL CHEESES AND MORE	
<b>FRUIT PLATTER</b> 250G	<b>27</b>
ASSORTMENT OF FRESH CUT FRUITS AND BERRIES	
<b>ROMANIAN NOBILE CAKE</b> 130G	<b>22</b>
MOCCA, BUTTERCREAM LAYERED CAKE WITH GOLDEN RAISINS AND HAZELNUTS	
<b>OUR EXCELLENT ROMANIAN CAKE</b> 135G	<b>22</b>
VANILLA SPONGE LAYERS WITH CHOCOLATE BUTTERCREAM AND GENTLE FLAVOR OF RUM	

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## GUVERNUL ROMÂNIEI MINISTERUL FINANTELOR PUBLICE

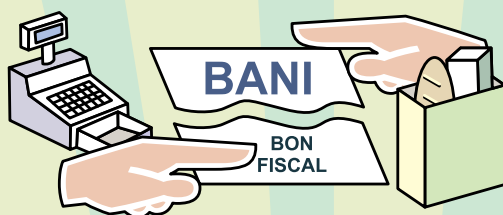
**Dacă nu primiți bonul fiscal, aveți obligația să-l solicitați**

**În cazul unui refuz, aveți dreptul de a beneficia de bunul achiziționat sau de serviciul prestat fără plata contravalorii acestuia**

**Solicitați și păstrați bonurile fiscale pentru a putea participa la extragerile lunare și ocazionale ale loteriei bonurilor fiscale**

**Este interzisă înmânarea către client a altui document, care atestă plata contravalorii bunurilor și serviciilor prestate, decât bonul fiscal**

**Pentru a semnală nerespectarea obligațiilor legale ale operatorilor economici, puteți apela gratuit, non-stop, serviciul TelVerde al Ministerului Finanțelor Publice  
0800.800.085**



**Aceste drepturi și obligații sunt stabilite prin prevederile Ordonanței de urgență a Guvernului nr. 28/1999 privind obligația operatorilor economici de a utiliza aparate de marcat electronice fiscale.**



**AVALON**  
restaurant

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**SHERATONBUCHAREST.COM**

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**SHERATON BUCHAREST HOTEL**

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